

VBT verse 80 ~ Yukti #56 ~ seeing without projection or story
Compiled by Hareesh Wallis - Tantra Illuminated

FIVE TRANSLATIONS AND TWO RENDERINGS:

**sthūla-rūpasya bhāvasya stabdhām dṛṣṭiṃ nipātya ca |
acireṇa nirādhāraṃ manaḥ kṛtvā śivaṃ vrajet || 80 ||**

1. Casting an unmoving gaze upon a being with a physical form and making the mind free of thoughts & projections [about that being], in very little time one attains the Śiva-state. (WALLIS)
2. Having fixed his gaze without blinking on a gross object (and directing his attention inward) and thus making his mind free of all prop of thought-constructs, the aspirant acquires the state of Śiva without delay. (SINGH)
3. Fixing one's gaze without blinking on something with a physical (and beautiful) form, freeing the mind of (all) support, in a short time, one attains tranquility (Śiva). (DYCZKOWSKI)
4. Fixing one's gaze without blinking on an external (beautiful) form, and making the mind supportless in a short time, one will attain Śiva. (BÄUMER)
5. One should steady the gaze (without blinking) on the gross form of any object. When the mind is transfixed and made supportless (without any other thought or feeling), it at once acquires the state of shiva (transcendence). (SATSANGI)
6. Steadily gazing without blinking at a pebble, a piece of wood, or any other ordinary object, thought loses all props and rapidly attains to Shiva/Shakti. (ODIER)
7. See as if for the first time a beautiful person or an ordinary object. (REPS)